

Name

Dr. Pablo Herrero

Biography

Dr. Pablo Herrero. PT, PhD. 20-02-1980
pherrero@unizar.es

Graduated/BSc in Physiotherapy. Specialist in the area of Invasive Physiotherapy and Myofascial Pain. Doctor in Physiotherapy from the University of Zaragoza with a European Mention. He is currently Professor and Researcher at the University of Zaragoza, and Head of iHealthy Research Group (ihealthy.unizar.es) at IIS Aragon, University of Zaragoza In addition to teaching experience in Bachelor's degrees, he teaches in different international post-graduate courses. He is also President of the Association for Research in Motor Disability (AIDIMO) and Editor (Deputy Chief) of the Fisioterapia Invasiva Journal (ISSN: 2386-4591) and the Journal of Invasive Techniques in Physical Therapy (ISSN: 2386) -4583).

His scientific achievements include different publications in journals of international impact in the area of Invasive physiotherapy and pain, with special mention to the intellectual property/authorship of the DNHS® technique and concept and co-inventor of the patented 3TOOL tool for the treatment and self-treatment of contractures and muscle overloads. Both the DNHS technique (www.dnhs.es) and the 3TOOL (www.3-tool.com) are present internationally and represent an example of transference from the area of Physiotherapy to the professional field and Society. In addition, the 3TOOL won the Emerging Innovation Award at the Third Millennium Awards.

Among the projects in which Dr. Pablo Herrero has participated, two European projects that were led by him stand out, specifically the one entitled "3TOOLing your Health" within the European INNOvative LABS Project to take advantage of the development of crossed capacities between ICT, Health, BIO and Medicine sectors for new emerging industries in personalized health INNOLABS, Grant Agreement. 691556, Grant Agreement No: 2017 / A09. and the project entitled "Knowledge Alliance for innovative measures in the prevention of work-related musculoskeletal disorders. Prevent4Work "in the Erasmus + Program - Key Action 2 (KA2) - Cooperation for innovation and the exchange of good practices. Call for proposals EAC / A05 / 2017 - Knowledge alliances "

He is currently leading two autonomic and national projects to transfer technology to assess patients with low back pain remotely through tele-rehabilitation platforms (TeleEDxPhysio) and to prevent freezing of gait in Parkinson patients (MyGait). Recently Dr. Herrero was awarded with the innovation prize to the project TeleEDxPhysio by EVIA Foundation.

Now he is leading the European Project STROKE-POC (<https://www.neuron-eranet.eu/projects/STROKE-POC/>) with partners in Canada and Belgium, to compare the effectiveness of botulinum toxin and dry needling in post-stroke spasticity. This project has been funded with funded with 755000€ for three years.

Activities

[Collapse all](#)

▼ Employment (3)

 Sort

University of Zaragoza: Zaragoza, Aragón, ES

2020-09-14 to present | Lecturer and Researcher (Fisiatría y Enfermería)
Employment

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Source: Dr. Pablo Herrero

Universidad San Jorge: Villanueva de Gallego, Zaragoza, ES

2016-09 to 2020-09-13 | Head of iPhysio Research Group (Physiotherapy)
Employment

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Source: Dr. Pablo Herrero

Universidad San Jorge: Villanueva de Gállego, Aragón, ES

2009-09 to 2016-08 | Vice-Dean of the Physiotherapy Degree (Physiotherapy)
Employment

[Show more detail](#)

Source: Dr. Pablo Herrero

▼ Education and qualifications (2)

 Sort

Universidad de Zaragoza: Zaragoza, Aragón, ES

2008-09-01 to 2012-07-16 | Doctor (Fisiatría y Enfermería)
Education

[Show more detail](#)

Source: Dr. Pablo Herrero

Universidad de Zaragoza: Zaragoza, Aragón, ES

1998-09-01 to 2001-07-14 | Physiotherapy (Physiotherapy)

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Education

Source: Dr. Pablo Herrero

∨ Works (50 of 63)

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Items per page: 50 ▼

1 – 50 of 63

**Brain Analysis with a Complex Network Approach in Stroke Patients Based on Electroencephalography: A Systematic Review and Meta-Analysis**

Healthcare

[Show more detail](#)

2023-02-24 | Journal article

DOI: [10.3390/healthcare11050666](https://doi.org/10.3390/healthcare11050666)

CONTRIBUTORS: Borhan Asadi; Juan Nicolás Cuenca-Zaldivar; Nouredin Nakhostin Ansari; Jaime Ibáñez; Pablo Herrero; Sandra Calvo

Source: Crossref**Ultrasound-Guided Percutaneous Neuromodulation in Multiple Sclerosis: A Case Report**

Degenerative Neurological and Neuromuscular Disease

[Show more detail](#)

2023-01 | Journal article

DOI: [10.2147/DNND.S395082](https://doi.org/10.2147/DNND.S395082)

CONTRIBUTORS: Alberto Javier-Ormazábal; Pablo Herrero; Montserrat González-Platas

Source: Crossref**A comparative study of treatment interventions for patellar tendinopathy: a secondary cost-effectiveness analysis**

Acupuncture in Medicine

[Show more detail](#)

2022-12 | Journal article

DOI: [10.1177/09645284221085283](https://doi.org/10.1177/09645284221085283)

CONTRIBUTORS: Daniel Fernández-Sanchis; María Pilar López-Royo; Carolina Jiménez-Sánchez; Pablo Herrero; Manuel Gómez-Barrera; Sandra Calvo

Source: Crossref**Effects of dry needling on function, hypertonia and quality of life in chronic stroke: a randomized clinical trial**

Acupuncture in Medicine

2022-08 | Journal article

DOI: [10.1177/09645284211056347](https://doi.org/10.1177/09645284211056347)

CONTRIBUTORS: Sandra Calvo; Natalia Brandín-de la Cruz; Carolina Jiménez-Sánchez; Elisabeth Bravo-Esteban; Pablo Herrero

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Source: Crossref

A Clinical Trial Protocol to Compare the Effect of Dry Needling and Acupoint Dry Needling on Wrist Flexor Spasticity after Stroke

Journal of Acupuncture and Meridian Studies

2022-08-31 | Journal article

DOI: [10.51507/j.jams.2022.15.4.273](https://doi.org/10.51507/j.jams.2022.15.4.273)

CONTRIBUTORS: Najmeh Nazari; Nouredin Nakhostin Ansari; Soofia Naghdi; Pablo Herrero Gallego; Roshanak Honarpisheh

[Show more detail](#)

Source: Crossref

Effectiveness of Personalized Cognitive Stimulation in Older Adults with Mild Possible Cognitive Impairment: A 12-month Follow-up Cognitive Stimulation in Mild Cognitive Impairment

Clinical Gerontologist

2022-08-08 | Journal article

DOI: [10.1080/07317115.2021.1937764](https://doi.org/10.1080/07317115.2021.1937764)

CONTRIBUTORS: Isabel Gómez-Soria; Natalia Brandín-de la Cruz; Juan Nicolás Cuenca Zaldívar; Sandra Calvo; Pablo Herrero; Estela Calatayud

[Show more detail](#)

Source: Crossref  Preferred source (of 2)

Efficacy of an asynchronous telerehabilitation program in post-COVID-19 patients: A protocol for a pilot randomized controlled trial

PLOS ONE

2022-07-19 | Journal article

DOI: [10.1371/journal.pone.0270766](https://doi.org/10.1371/journal.pone.0270766)

CONTRIBUTORS: Beatriz Carpallo-Porcar; Doris YP Leung; Laura Romo-Calvo; Sara Pérez-Palomares; Carolina Jiménez-Sánchez; Pablo Herrero; Natalia Brandín-de la Cruz; Sandra Calvo

[Show more detail](#)

Source: Crossref

Not just sensitization: sympathetic mechanisms contribute to expand experimental referred pain

The Korean Journal of Pain

2022-07-01 | Journal article

DOI: [10.3344/kjp.2022.35.3.240](https://doi.org/10.3344/kjp.2022.35.3.240)

CONTRIBUTORS: Víctor Doménech-García; Alberto Rubio Peiroten; Miren Lecea Imaz; Thorvaldur Skuli Palsson; Pablo Herrero; Pablo Bellosta-López

[Show more detail](#)

Source: Crossref

Economics of dry needling and botulinum toxin type A for treatment of post-stroke spasticity: a review

Exploration of Neuroprotective Therapy

2022-06-30 | Journal article

DOI: [10.37349/ent.2022.00024](https://doi.org/10.37349/ent.2022.00024)

CONTRIBUTORS: Daniel Fernández; Clara Pujol; Carmen Ruber; Sandra Calvo; Mindy F. Levin; Pablo Herrero; Eva María Gómez-Trullén

[Show more detail](#)

Source: Crossref

Cost-effectiveness of upper extremity dry needling in the rehabilitation of patients with stroke

Acupuncture in Medicine

2022-04 | Journal article

DOI: [10.1177/09645284211055750](https://doi.org/10.1177/09645284211055750)

CONTRIBUTORS: Daniel Fernández Sanchis; Juan Nicolás Cuenca Zaldívar; Sandra Calvo; Pablo Herrero; Manuel Gómez Barrera

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Source: Crossref

Effects of dry needling on gait and muscle tone in Parkinson's disease: a randomized clinical trial

Acupuncture in Medicine

2022-02 | Journal article

DOI: [10.1177/09645284211039232](https://doi.org/10.1177/09645284211039232)

CONTRIBUTORS: Natalia Brandín-de la Cruz; Sandra Calvo; Cleofás Rodríguez-Blanco; Pablo Herrero; Elisabeth Bravo-Esteban

[Show more detail](#)

Source: Crossref

The effect of dry needling of myofascial trigger points on muscle stiffness and motoneuron excitability in healthy subjects

Acupuncture in Medicine

2022-02 | Journal article

DOI: [10.1177/09645284211027579](https://doi.org/10.1177/09645284211027579)

CONTRIBUTORS: Carolina Jiménez-Sánchez; Julio Gómez-Soriano; Elisabeth Bravo-Esteban; Orlando Mayoral-del Moral; Pablo Herrero-Gállego; Maria Ortiz-Lucas

[Show more detail](#)

Source: Crossref  Preferred source (of 2)

Profiling and Association over Time between Disability and Pain Features in Patients with Chronic Nonspecific Neck Pain: A Longitudinal Study

Journal of Clinical Medicine

2022-02-28 | Journal article

DOI: [10.3390/jcm11051346](https://doi.org/10.3390/jcm11051346)

CONTRIBUTORS: Gorka Ortego; Enrique Lluch; Pablo Herrero; Shellie Ann Boudreau; Victor Doménech-García

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Source: Crossref  Preferred source (of 2)

Cost-Effectiveness of Upper Extremity Dry Needling in Chronic Stroke

Healthcare

2022-01-14 | Journal article

DOI: [10.3390/healthcare10010160](https://doi.org/10.3390/healthcare10010160)

CONTRIBUTORS: Daniel Fernández-Sanchis; Natalia Brandín-de la Cruz; Carolina Jiménez-Sánchez; Marina Gil-Calvo; Pablo Herrero; Sandra Calvo

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Source: Crossref  Preferred source (of 2)

Dry Needling and Antithrombotic Drugs

Pain Research and Management

2022-01-07 | Journal article

DOI: [10.1155/2022/1363477](https://doi.org/10.1155/2022/1363477)

CONTRIBUTORS: María Muñoz; Jan Dommerholt; Sara Pérez-Palomares; Pablo Herrero; Sandra Calvo; Massimiliano Valeriani

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Source: Crossref

Development of the Prevent for Work questionnaire (P4Wq) for assessment of musculoskeletal risk in the workplace: Part 1 - Literature review and domains selection

BMJ Open

2021 | Journal article

DOI: [10.1136/bmjopen-2020-043800](https://doi.org/10.1136/bmjopen-2020-043800)

EID: 2-s2.0-85104274131

Part of ISSN: [20446055](https://doi.org/10.1136/bmjopen-2020-043800)

CONTRIBUTORS: Langella, F.; Christensen, S.W.M.; Palsson, T.S.; Høgh, M.; Gagni, N.; Bellosta-López, P.; Christiansen, D.Hø.; Delle Chiaie, M.; Domenéch-García, V.; Johnston, V. et al.

[Show more detail](#)

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Effects of Dry Needling on Biomechanical Properties of the Myofascial Trigger Points Measured by Myotonometry: A Randomized Controlled Trial

Journal of Manipulative and Physiological Therapeutics

2021 | Journal article

DOI: [10.1016/j.jmpt.2021.06.002](https://doi.org/10.1016/j.jmpt.2021.06.002)

EID: 2-s2.0-85112094824

Part of ISSN: [15326586 01614754](https://doi.org/10.1016/j.jmpt.2021.06.002)

CONTRIBUTORS: Jiménez-Sánchez, C.; Gómez-Soriano, J.; Bravo-Esteban, E.; Mayoral-del Moral, O.; Herrero-Gállego, P.; Serrano-Muñoz, D.; Ortiz-Lucas, M.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

The Area of Pressure-Induced Referred Pain Is Dependent on the Intensity of the Suprathreshold Stimulus: An Explorative Study

Pain medicine (Malden, Mass.)

2021 | Journal article

DOI: [10.1093/pm/pnaa377](https://doi.org/10.1093/pm/pnaa377)

EID: 2-s2.0-85103227361

Part of ISSN: [15264637](https://doi.org/10.1093/pm/pnaa377)

CONTRIBUTORS: Palsson, T.S.; Boudreau, S.A.; Ortiz Lucas, M.; Bravo Esteban-Herrerros, E.; Garrigós-Pedron, M.; Herrero, P.; Doménech-García, V.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Development of the Prevent for Work Questionnaire (P4Wq) for the assessment of musculoskeletal risk factors in the workplace: part 2—pilot study for questionnaire development and validation

BMJ Open

2021-12 | Journal article

DOI: [10.1136/bmjopen-2021-053988](https://doi.org/10.1136/bmjopen-2021-053988)

CONTRIBUTORS: Francesco Langella; Daniele Vanni; Morten Høgh; Thorvaldur Skuli Palsson; Steffan Wittrup McPhee Christensen; Pablo Bellosta-López; Jorge Hugo Villafaña; Palle Schlott Jensen; Priscila de Brito Silva; Pablo Herrero et al.

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Source: Crossref

Is Instrumental Compression Equally Effective and Comfortable for Physiotherapists and Physiotherapy Students than Manual Compression? A Comparative Cross-Sectional Study

International Journal of Environmental Research and Public Health

2021-11-18 | Journal article

DOI: [10.3390/ijerph182212121](https://doi.org/10.3390/ijerph182212121)

CONTRIBUTORS: Sara Pérez-Palomares; Carolina Jiménez-Sánchez; Ignacio Serrano-Herrero; Pablo Herrero; Sandra Calvo

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Source: Crossref ★ Preferred source (of 2)

Effectiveness of dry needling for upper extremity spasticity, quality of life and function in subacute phase stroke patients

Acupuncture in Medicine

2021-08-20 | Journal article

DOI: [10.1177/0964528420947426](https://doi.org/10.1177/0964528420947426)

CONTRIBUTORS: Juan Nicolás Cuenca Zaldívar; Sandra Calvo; Elisabeth Bravo-Esteban; Petronila Oliva Ruiz; Maria José Santi-Cano; Pablo Herrero

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Source: Crossref ★ Preferred source (of 2)

Contextual, Client-Centred Coaching Following a Workshop: Assistants Capacity Building in Special Education

International Journal of Environmental Research and Public Health

2021-06-11 | Journal article

DOI: [10.3390/ijerph18126332](https://doi.org/10.3390/ijerph18126332)

CONTRIBUTORS: María José López-de-la-Fuente; Pablo Herrero; Rafael García-Foncillas; Eva M^a Gómez-Trullén

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Source: Crossref ★ Preferred source (of 3)

A Comparative Study of Treatment Interventions for Patellar Tendinopathy: A Randomized Controlled Trial

Archives of Physical Medicine and Rehabilitation

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2021-05 | Journal article

DOI: [10.1016/j.apmr.2021.01.073](https://doi.org/10.1016/j.apmr.2021.01.073)

CONTRIBUTORS: María Pilar López-Royo; José Ríos-Díaz; Rita María Galán-Díaz; Pablo Herrero; Eva María Gómez-Trullén

Source: Crossref  Preferred source (of 2)

A Study on the Effects of Dry Needling in Multiple Sclerosis Patients with Spasticity: Protocol of a Randomized Waitlist-Controlled Trial

Journal of Acupuncture and Meridian Studies

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2021-04-30 | Journal article

DOI: [10.51507/j.jams.2021.14.2.82](https://doi.org/10.51507/j.jams.2021.14.2.82)

CONTRIBUTORS: Omid Motamedzadeh; Nouredin Nakhostin Ansari; Soofia Naghdi; Amirreza Azimi; Ashraf Mahmoudzadeh; Sandra Calvo; Pablo Herrero

Source: Crossref  Preferred source (of 2)

Effects of Ischemic Compression on Trigger Points in the First Dorsal Interosseous Muscle in Patients with Thumb Carpometacarpal Osteoarthritis

International Journal of Environmental Research and Public Health

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2021-03-14 | Journal article

DOI: [10.3390/ijerph18062961](https://doi.org/10.3390/ijerph18062961)

CONTRIBUTORS: María Pilar López-Royo; Paolo Pedersini; Raquel Cantero-Téllez; Kristin Valdes; Víctor Doménech-García; Pablo Herrero; Jorge Hugo Villafañe

Source: Crossref  Preferred source (of 3)

Cost-Effectiveness of Two Dry Needling Interventions for Plantar Heel Pain: A Secondary Analysis of an RCT

International Journal of Environmental Research and Public Health

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2021-02-12 | Journal article

DOI: [10.3390/ijerph18041777](https://doi.org/10.3390/ijerph18041777)

CONTRIBUTORS: Daniel Fernández; Zaid Al-Boloushi; Pablo Bellosta-López; Pablo Herrero; Manuel Gómez; Sandra Calvo

Source: Crossref  Preferred source (of 3)

Changes in pain sensitivity and conditioned pain modulation during recovery from whiplash associated disorders

Clinical Journal of Pain

2020 | Journal article

DOI: [10.1097/AJP.0000000000000970](https://doi.org/10.1097/AJP.0000000000000970)

EID: 2-s2.0-85113164605

Part of ISSN: [15365409 07498047](https://doi.org/10.1097/AJP.0000000000000970)

CONTRIBUTORS: McPhee Christensen, S.W.; Bellosta-López, P.; Doménech-García, V.; Herrero, P.; Palsson, T.S.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Effectiveness of dry needling for headache: A systematic review, Análisis de la efectividad de la técnica de punción seca en cefaleas: revisión sistemática

Neurologia

2020 | Journal article

DOI: [10.1016/j.nrl.2019.09.010](https://doi.org/10.1016/j.nrl.2019.09.010)

EID: 2-s2.0-85077751624

CONTRIBUTORS: Vázquez-Justes, D.; Yarzabal-Rodríguez, R.; Doménech-García, V.; Herrero, P.; Bellosta-López, P.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Healthy Pain-Free Individuals with a History of Distal Radius Fracture Demonstrate an Expanded Distribution of Experimental Referred Pain Toward the Wrist

Pain Medicine (United States)

2020 | Journal article

DOI: [10.1093/PM/PNAA228](https://doi.org/10.1093/PM/PNAA228)

EID: 2-s2.0-85101374767

Part of ISSN: [15264637 15262375](https://doi.org/10.1093/PM/PNAA228)

CONTRIBUTORS: Domenech-Garcia, V.; Palsson, T.S.; Boudreau, S.A.; Bellosta-Lopez, P.; Herrero, P.; Graven-Nielsen, T.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Immersive virtual reality and antigravity treadmill training for gait rehabilitation in Parkinson's disease: a pilot and feasibility study, Entrenamiento antigravitatorio e inmersivo de realidad virtual para la rehabilitación de la marcha en la enfermedad de Parkinson: estudio piloto y de viabilidad

Revista de neurologia

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2020 | Journal article

DOI: [10.33588/rn.7112.2020352](https://doi.org/10.33588/rn.7112.2020352)

EID: 2-s2.0-85098475609

Part of ISSN: [15766578](https://doi.org/10.15766578)

CONTRIBUTORS: Brandín-De la Cruz, N.; Secorro, N.; Calvo, S.; Benyoucef, Y.; Herrero, P.; Bellosta-López, P.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

The Effectiveness of Minimally Invasive Techniques in the Treatment of Patellar Tendinopathy: A Systematic Review and Meta-Analysis of Randomized Controlled Trials

Evidence-based Complementary and Alternative Medicine

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2020 | Journal article

DOI: [10.1155/2020/8706283](https://doi.org/10.1155/2020/8706283)

EID: 2-s2.0-85091709224

Part of ISSN: [17414288](https://doi.org/10.17414288) [1741427X](https://doi.org/10.1741427X)

CONTRIBUTORS: López-Royo, M.P.; Ortiz-Lucas, M.; Gómez-Trullén, E.M.; Herrero, P.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Effects of Deep Dry Needling on Tremor Severity and Functionality in Stroke: A Case Report

Healthcare

[Show more detail](#)

2020-12-23 | Journal article

DOI: [10.3390/healthcare9010005](https://doi.org/10.3390/healthcare9010005)

CONTRIBUTORS: José Antonio Ortín; Elisabeth Bravo-Esteban; Jaime Ibáñez; Pablo Herrero; Julio Gómez-Soriano; Yolanda Marcén-Román

Source: Crossref  Preferred source (of 3)

Comparing two dry needling interventions for plantar heel pain: a randomised controlled trial

BMJ Open

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2020-08 | Journal article

DOI: [10.1136/bmjopen-2020-038033](https://doi.org/10.1136/bmjopen-2020-038033)

CONTRIBUTORS: Zaid Al-Boloushi; Eva Maria Gómez-Trullén; Mohammad Arian; Daniel Fernández; Pablo Herrero; Pablo Bellosta-López

Source: Crossref  Preferred source (of 2)

Comparative study of treatment interventions for patellar tendinopathy: a protocol for a randomised controlled trial

BMJ Open

2020-02 | Journal article

DOI: [10.1136/bmjopen-2019-034304](https://doi.org/10.1136/bmjopen-2019-034304)

CONTRIBUTORS: Maria Pilar López-Royo; Eva Maria Gómez-Trullén; Maria Ortiz-Lucas; Rita Maria Galán-Díaz; Ana Vanessa Bataller-Cervero; Zaid Al-Boloushi; Yasmina Hamam-Alcober; Pablo Herrero

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Source: Crossref ★ Preferred source (of 2)

Education as a strategy for managing occupational-related musculoskeletal pain: a scoping review

BMJ Open

2020-02 | Journal article

DOI: [10.1136/bmjopen-2019-032668](https://doi.org/10.1136/bmjopen-2019-032668)

CONTRIBUTORS: Thorvaldur Skuli Palsson; Shellie Boudreau; Morten Høgh; Pablo Herrero; Pablo Bellosta-Lopez; Victor Domenech-Garcia; Francesco Langella; Nicolo Gagni; Steffan Wittrup Christensen; Morten Villumsen

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Source: Crossref ★ Preferred source (of 2)

Comparing two dry needling interventions for plantar heel pain: A protocol for a randomized controlled trial

Journal of Orthopaedic Surgery and Research

2019 | Journal article

DOI: [10.1186/s13018-019-1066-4](https://doi.org/10.1186/s13018-019-1066-4)

EID: 2-s2.0-85060467246

CONTRIBUTORS: Al-Boloushi, Z.; Gómez-Trullén, E.M.; Bellosta-López, P.; López-Royo, M.P.; Fernández, D.; Herrero, P.

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Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Minimally invasive non-surgical management of plantar fasciitis: A systematic review

Journal of Bodywork and Movement Therapies

2019 | Journal article

DOI: [10.1016/j.jbmt.2018.05.002](https://doi.org/10.1016/j.jbmt.2018.05.002)

EID: 2-s2.0-85048258068

[Show more detail](#)

CONTRIBUTORS: Al-Boloushi, Z.; López-Royo, M.P.; Arian, M.; Gómez-Trullén, E.M.; Herrero, P.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Prevalence of Myofascial Trigger Points in Poststroke Patients With Painful Shoulders: A Cross-Sectional Study

PM and R

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2019 | Journal article

DOI: [10.1002/pmrj.12123](https://doi.org/10.1002/pmrj.12123)

EID: 2-s2.0-85064529928

CONTRIBUTORS: Villafaña, J.H.; Lopez-Royo, M.P.; Herrero, P.; Valdes, K.; Cantero-Téllez, R.; Pedersini, P.; Negrini, S.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Effects of an anteroposterior mobilization of the glenohumeral joint in overhead athletes with chronic shoulder pain: A randomized controlled trial

Musculoskeletal Science and Practice

[Show more detail](#)

2018 | Journal article

DOI: [10.1016/j.msksp.2018.09.009](https://doi.org/10.1016/j.msksp.2018.09.009)

EID: 2-s2.0-85055132790

CONTRIBUTORS: E, L.; Pecos-Martín, D.; Domenech-García, V.; Herrero, P.; Gallego-Izquierdo, T.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Myotonometry as a measure to detect myofascial trigger points: An inter-rater reliability study

Physiological Measurement

[Show more detail](#)

2018 | Journal article

DOI: [10.1088/1361-6579/aae9aa](https://doi.org/10.1088/1361-6579/aae9aa)

EID: 2-s2.0-85057157327

CONTRIBUTORS: Jiménez-Sánchez, C.; Ortiz-Lucas, M.; Bravo-Esteban, E.; Mayoral-Del Moral, O.; Herrero-Gállego, P.; Gómez-Soriano, J.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Post-Brexit: Challenges and opportunities for rehabilitation beyond the European Union

European Journal of Physical and Rehabilitation Medicine

[Show more detail](#)

2018 | Journal article

DOI: [10.23736/S1973-9087.17.04878-X](https://doi.org/10.23736/S1973-9087.17.04878-X)

EID: 2-s2.0-85043313768

CONTRIBUTORS: Herrero, P.; Pérez-Palomares, S.; Doménech-García, V.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

Pressure-induced referred pain areas are more expansive in individuals with a recovered fracture

Pain

[Show more detail](#)

2018 | Journal article

DOI: [10.1097/j.pain.0000000000001234](https://doi.org/10.1097/j.pain.0000000000001234)

EID: 2-s2.0-85060172347

CONTRIBUTORS: Domenech-Garcia, V.; Palsson, T.S.; Boudreau, S.A.; Herrero, P.; Graven-Nielsen, T.

Source: Dr. Pablo Herrero *via* Scopus - Elsevier

The effect of dry needling on spasticity, gait and muscle architecture in patients with chronic stroke: A case series study

Topics in Stroke Rehabilitation

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2018 | Journal article

DOI: [10.1080/10749357.2018.1460946](https://doi.org/10.1080/10749357.2018.1460946)

EID: 2-s2.0-85045838738

CONTRIBUTORS: Hadi, S.; Khadijeh, O.; Hadian, M.; Niloofar, A.Y.; Olyaei, G.; Hossein, B.; Calvo, S.; Herrero, P.

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International Journal of Health Policy and Management

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DOI: [10.15171/ijhpm.2017.133](https://doi.org/10.15171/ijhpm.2017.133)

EID: 2-s2.0-85044191933

CONTRIBUTORS: Villafañe, J.H.; Herrero, P.; Berjano, P.

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Corrigendum to "Is there a relationship between psychological stress or anxiety and chronic nonspecific neck-arm pain in adults? A systematic review and meta-analysis" [Journal of Psychosomatic Research 90 (2016) 70–81](S0022399916303889) (10.1016/j.jpsychores.2016.09.006)

Journal of Psychosomatic Research

2017 | Journal article

DOI: [10.1016/j.jpsychores.2017.03.003](https://doi.org/10.1016/j.jpsychores.2017.03.003)

EID: 2-s2.0-85019541265

CONTRIBUTORS: Ortego, G.; Villafaña, J.H.; Doménech-García, V.; Berjano, P.; Bertozzi, L.; Herrero, P.

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Effects of dry needling (DNHS technique) on the contractile properties of spastic muscles in a patient with stroke: A case report

International Journal of Rehabilitation Research

2016 | Journal article

DOI: [10.1097/MRR.0000000000000185](https://doi.org/10.1097/MRR.0000000000000185)

EID: 2-s2.0-84976576062

CONTRIBUTORS: Calvo, S.; Quintero, I.; Herrero, P.

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Letter to the editor: First dorsal interosseous muscle contraction results in radiographic reduction of healthy thumb carpometacarpal joint

Journal of Hand Therapy

2016 | Journal article

DOI: [10.1016/j.jht.2015.10.002](https://doi.org/10.1016/j.jht.2015.10.002)

EID: 2-s2.0-84947983490

CONTRIBUTORS: Villafaña, J.H.; Herrero, P.; Berjano, P.

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2016 | Journal article

DOI: [10.1097/j.pain.0000000000000497](https://doi.org/10.1097/j.pain.0000000000000497)

CONTRIBUTORS: García, V. D.; Palsson, T. S.; Herrero, P.; Graven-Nielsen, T.

Source: Dr. Pablo Herrero *via* ResearcherID ★ Preferred source (of 2)**Is there a relationship between psychological stress or anxiety and chronic nonspecific neck-arm pain in adults? A systematic review and meta-analysis**

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2016-11 | Journal article

DOI: [10.1016/j.jpsychores.2016.09.006](https://doi.org/10.1016/j.jpsychores.2016.09.006)

CONTRIBUTORS: Gorka Ortego; Jorge Hugo Villafañe; Victor Doménech-García; Pedro Berjano; Lucia Bertozzi; Pablo Herrero

Source: Crossref ★ Preferred source (of 2)**Effects of dry needling (DNHS technique) on the contractile properties of spastic muscles in a patient with stroke: a case report.**

2016-06 | Journal article

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CONTRIBUTORS: Calvo S; Quintero I; Herrero P

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